

American Black Belt Academy

October 2018

<u>DATE</u>	<u>DAY</u>	<u>INSTRUCTOR</u>	<u>ASST. INSTRUCTOR</u>	<u>TO BE TAUGHT</u>
10/1/18	Mon	Rosie Udeh	Michelle Gonzalez	rear grabs
10/3/18	Wed	Jennifer Garcia	Jerry Williamson	punch defense
10/6/18	Sat	Sarah Carter	Jamie Tran	kata/review
10/8/18	Mon	Rosie Udeh	Tingting Gu	front grabs
10/10/18	Wed	Travis Morgan	Yong Cui	offensive technique
10/13/18	Sat	Wanda Reves	Jamie Tran	kata/review
10/15/18	Mon	Rosie Udeh	Jerry Williamson	club defense
10/17/18	Wed	Jack Warring	Yong Cui	rear grabs
10/20/18	Sat	Sarah Carter	Tingting Gu	kata/review
10/22/18	Mon	Rosie Udeh	Jerry Williamson	punch defense
10/24/18	Wed	Richard Horstketter	Jamie Tran	front grabs
10/26/18	Fri	Tournament - Good Luck		
10/27/18	Sat	Todd Murphy	Yong Cui	kata/review
10/29/18	Mon	Rosie Udeh	Tingting Gu	offensive technique
10/31/18	Wed	Jennifer Garcia	Jamie Tran	club defense
11/3/18	Sat	Wanda Reves	Jerry Williamson	kata/review

Tuesdays and Thursdays the school will be open for individual practice from 6:00 - 8:00.
Private lessons are also available for an extra fee during those periods of time.

Tournaments		Belt Tests
January 12, 2018		
February 9, 2018		
March 16, 2018		March 3, 2018
April 20, 2018		
May 18, 2018		
June 22, 2018		June 2, 2018
July 20, 2018		
August 24, 2018		
September 28, 2018		September 15, 2018
October 26, 2018		
December 15, 2018		December 1, 2018