

American Black Belt Academy

January 2019

<u>DATE</u>	<u>DAY</u>	<u>INSTRUCTOR</u>	<u>ASST. INSTRUCTOR</u>	<u>TO BE TAUGHT</u>
1/2/19	Wed	Todd Murphy	Tingting Gu	punch defense
1/5/19	Sat	Wanda Reves	Jamie Tran	kata/review
1/7/19	Mon	Rosie Udeh	Yong Cui	club defense
1/9/19	Wed	Jack Warring	Jerry Williamson	offensive technique
1/11/19	Fri	Tournament - Good Luck		
1/12/19	Sat	Sarah Carter	Tingting Gu	kata/review
1/14/19	Mon	Rosie Udeh	Jamie Tran	front grabs
1/16/19	Wed	Travis Morgan	Yong Cui	rear grabs
1/19/19	Sat	Todd Murphy	Jerry Williamson	kata/review
1/21/19	Mon	Rosie Udeh	Tingting Gu	punch defense
1/23/19	Wed	Richard Horstketter	Jamie Tran	club defense
1/26/19	Sat	Sarah Carter	Yong Cui	kata/review
1/28/19	Mon	Rosie Udeh	Jerry Williamson	offensive technique
1/30/19	Wed	Jennifer Garcia	Tingting Gu	front grabs
2/2/19	Sat	Wanda Reves	Jamie Tran	kata/review

Tuesdays and Thursdays the school will be open for individual practice from 6:00 - 8:00.

Private lessons are also available for an extra fee during those periods of time.

Tournaments			Belt Tests
January 11, 2019			
February 8, 2019			February 23, 2019
March 15, 2019			
April 19, 2019			
May 17, 2019			
June 21, 2019			June 8, 2019
July 19, 2019			
August 16, 2019			
September 13, 2019			September 21, 2019
October 25, 2019			
December 21, 2019			December 7, 2019